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Gratitude		Success
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2.	2.	
3.	3.	

	Shift Observation
one thing I observed today about my shift	
	Intuition
One thing I sensed/noticed today (universal guidance)	
	Appreciation
One thing I appreciate about myself today	
	More Thoughts
Something important to say	

My intentions for today (preferences)	Key Success Factors
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	More Thought
Something important to say or I have noticed (or a brain dump)	

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My intentions for today (preferences)	Key Success Factors
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	Shift Observation
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